



Pandemic H1N1 (originally known as "swine flu") is a respiratory disease caused by a type of flu virus. Human cases of pandemic H1N1 started showing up in the U.S in late March and quickly spread through the country. As we enter "flu season," the resources below may provide important information to help protect your families from infection.

**Local information:**

[Clackamas County](#)

[Multnomah County](#)

**National information:**

[Center for Disease Control](#) or [Flu.Gov](#)